

## ***A Life Mostly Lived: Continued***

Memoir supplement, expected publication: 2025

### **Synopsis**

Life goes on. As hoped and cautiously predicted, I am a couple of orbits older now than when *A Life Mostly Lived* was published in 2022. More life-snippets have emerged from memory's murky depths and offered themselves up for capture. More dimensions of übercompanion Susan have found poetic expression. More musings about life and its living have been molded into the shape of a haiku quintet. So, I shall continue ...

Given the uncertain timing of my mortal future, this volume may be my final effort to package scraps of this life I've mostly lived. So, I'll include other writings as Part 2 herein. Readers with more than passing interest in my term as a living bundle of molecules on this planet may find interest, and even personal or professional relevance, in this assortment of compositions from my mid-decades to the present.

A memoir can be more than a reporting of events. I wish I knew my forebears' thoughts, beliefs, and personal contemplations. To my knowledge, those gossamer threads of their lives escaped being recorded in any satisfying depth. I have experienced what I believe to be a rich mental life. So, selected musings have been immodestly added to invite readers into the goings-on within the private confines of my skull.

If I discover that I'm still breathing a few more orbits around the star, I may produce a third volume. Dunno. Meanwhile, this is my offering to readers with too much time on their hands, for now.

### **List of Contents**

Unfinished as of April 12, 2024

- 1) Preface: "Postcards"
- 2) Part 1: Haiku quintets composed since publication of the first volume of this two-part memoir — intentionally randomized to encourage aimless browsing
- 3) Part 2: Other writings
  - a) "What Did I Do?: A Career Retrospective" (2023)
  - b) "Why I Left the Farm" — excerpt from *Life Is Not Good: Antinatalism in Haiku*
  - c) Synopsis of *Diary of a Young Man, 1968-1969: Coming of Age at a Cultural Crossroads*
  - d) Synopsis of *Love Death Atheism: Haiku Quintets*
  - e) Abstract of my PhD dissertation: *Categorical Bias in Natural Groups: A Study of Conflict in Healthcare Workplaces* (1977), an early sign pointing to my career in mediation
  - f) "Zen and the Art of Passing Through Time" — reflections on a 3-day Missouri River solo canoe trip on a break from writing my dissertation, 1976
  - g) "Stump Sprouts" — a memorial for a deceased friend and colleague in many personal growth groups (2006, photo)

- h) "Everyday Peacemaking: Quelling the Conflicts That Disrupt Our Lives" — my keynote address to a national mediation conference, Nairobi, Kenya, 2019 (photos), summarizes my practice theory of mediation, the basis of my teaching career
- i) "Compatibility Factors," a rational guide to choosing The Right One — tried, tested, proven successful
- j) "Sex Advice for Young Men," written from the imagined perspective of enlightened parents. Disclaimer: I was not among that rare cohort at the time I became a parent, nor for years thereafter. This is advice not personally given nor received until it was too late.
- k) "Sex Advice for Young Women" in collaboration with a wise adult female colleague — companion piece for the preceding one
- l) "My Death, My Choice," my introduction for an end-of-life discussion group for secular humanists — a natural human right
- m) Guide to writing your own memoir